

BREAKFAST

EGG WHITE VEGGIE OMELET* \$14

SPINACH, TOMATO, CHEDDAR CHEESE, HALF AVOCADO, HAND-PICKED BERRIES

MUSCLE SHOALS OMELET* \$14

THREE FARM FRESH EGGS, SHAVED HAM, SMOKED GOUDA PIMENTO CHEESE, HASHBROWNS OR GRITS

THE ALL AMERICAN* \$14

THREE EGGS, BACON OR SAUSAGE, HASHBROWNS OR GRITS, TOAST

ARMADILLO TRAIL BISCUIT 'N' GRAVY* \$12

TWO SCRAMBLED FARM FRESH EGGS, BISCUITS, SAUSAGE GRAVY, CHEDDAR CHEESE, HASHBROWNS OR GRITS

BEACH MOUSE TRAIL BREAKFAST SANDWICH* \$11

FRIED EGGS, SHAVED HAM, GRILLED TOMATO, CHEDDAR CHEESE, HASHBROWNS OR GRITS

AVOCADO & TOAST* \$14

TWO EGGS, SMASHED AVOCADO, ROASTED TOMATO, LOCAL FIELD GREENS, SHAVED RADISH, FARMERS CHEESE

CATMAN HOTCAKES \$13

SAUSAGE OR BACON, HAND-PICKED BERRIES, WARM MAPLE SYRUP

LAKE SHELBY FRENCH TOAST \$15

SAUSAGE OR BACON, HAND-PICKED BERRIES, WARM MAPLE SYRUP

EAGLE LOOP ENGLISH MUFFIN SANDWICH \$12

FRIED EGGS, CONECUH SAUSAGE, SMOKED GOUDA PIMENTO CHEESE, LOCAL SEASONAL JAM, HASBROWNS OR GRITS



SIDES & ADDITIONS

~ Choice of \$4

Hand Picked Berries

Half Avocado

Bacon

Sausage

Cheese Grits

Hashbrowns

Toast

Two Eggs*

Two Biscuits

Two Hotcakes

KID'S BREAKFAST

PANCAKES \$7

MAPLE SYRUP, BACON OR SAUSAGE

SCRAMBLED EGGS* \$6

HASHBROWNS OR GRITS

French Toast \$8

SAUSAGE OR BACON, WARM MAPLE SYRUP

STARTERS

- BRUSSELS SPROUTS..... 8
FLASH FRIED, HORSERADISH CREAM
- MAC & CHEESE..... 8
CAVATAPPI, CLASSIC CHEESE SAUCE, TOASTED BREAD TOPPING
*ADD SHRIMP, CHICKEN, OR BRISKET..... 8
- CHICKEN WINGS..... 13
SWEET CHILI SMOKED BUFFALO SAUCE
- DIP TRIO*..... 14
SWEET ONION, SMOKED TUNA DIP, RED PEPPER HUMMUS,
TOASTED PITA & CHIPS

SALADS

- RATTLESNAKE RIDGE SALAD 13
ARUGULA, QUINOA, CORN, CILANTRO, BLACK BEAN, COJITA, AVOCADO,
CHILI LIME VINAIGRETTE, MASA CHIPS
- ECO SALAD 12
FIELD GREENS, PICKLED RED ONION, STRAWBERRYS,
TOASTED PECANS, GOAT CHEESE, HERB CROUTON,
HERB BALSAMIC VINAIGRETTE
- CAPRESE 12
FRESH BUFFALO MOZZARELLA, TOMATOES, GRADEN BASIL,
OLIVE OIL, BALSAMIC GLAZE

KIDS'
~ CHOICE OF ~

SERVED WITH CHIPS
& DRINK ... 8

- GRILLED CHEESE
- CHICKEN FINGERS*
- CHEESEBURGER*

BLUE BERRY CHEESECAKE

CARAMEL APPLE

TRIPLE CHOCOLATE BROWNIE

CHOCOLATE BOURBON CHERRY

**SWEET
JARS'**
~ 8 EACH ~

**SALAD
TOPPERS**

- ADD.....5
- HUMMUS
- TUNA DIP*

ADD.....3

HALF AVOCADO

CRISPY BRUSSELS

ADD.....8

GRILLED CHICKEN*

BLACKENED TUNA*

GRILLED SHRIMP*

HANDHELD

- BBQ BRISKET SANDWICH..... 17
SMOKED BRISKET, SWEET BBQ SAUCE, PICKLED RED ONION,
BRIOCHE BUN, HOUSE CHIPS
- MIDDLE LAKE DOUBLE BURGER* 17
TWO MASHED PATTIES, BACON-TOMATO JAM, CHEDDAR, LETTUCE,
BRIOCHE BUN, HOUSE CHIPS
- CHICKEN SANDWICH* 14
GRILLED OR FRIED CHICKEN, B&B PICKLES, ROASTED TOMATO,
MAYONNAISE, BRIOCHE BUN, HOUSE CHIPS
- CLASSIC CLUB 14
TURKEY, HAM, BACON, AMERICAN CHEESE, LETTUCE, TOMATO,
LOCAL HONEY MUSTARD, WHEAT BREAD, HOUSE CHIPS
- CONECUH SAUSAGE SANDWICH 16
GRILLED CONECUH SAUSAGE, GRILLED ONIONS, BELL PEPPER,
SAUERKRAUT SLAW, HOAGIE ROLL
- BLACKENED TUNA TACOS 18
BLACKENED TUNA, CORN, CILANTRO, BLACK BEANS, AVOCADO,
CHILI LIME CREMA, MASA TORTILLA
- PORTOBELLO BURGER 16
BALSAMIC MARINATED GRILLED PORTABELLO MUSHROOM,
BUFFALO MOZZARELLA, ROASTED TOMATOES, ARUGULA, BRIOCHE BUN,
HOUSE CHIPS
- SPECIAL MENU REQUEST:
SPLIT PLATE CHARGE ... 2

STARTERS

- BRUSSELS SPROUTS..... 8
FLASH FRIED, HORSERADISH CREAM
- MAC & CHEESE..... 8
CAVATAPPI, CLASSIC CHEESE SAUCE, TOASTED BREAD TOPPING
*ADD SHRIMP, CHICKEN, OR BRISKET 8
- CHICKEN WINGS..... 13
SWEET CHILI SMOKED BUFFALO SAUCE
- DIP TRIO* 14
SWEET ONION, SMOKED TUNA DIP, RED PEPPER HUMMUS,
TOASTED PITA & CHIPS

SALADS

- RATTLESNAKE RIDGE SALAD 13
ARUGULA, QUINOA, CORN, CILANTRO, BLACK BEAN, COJITA, AVOCADO,
CHILI LIME VINAIGRETTE, MASA CHIPS
- ECO SALAD 12
FIELD GREENS, PICKLED RED ONION, STRAWBERRYS,
TOASTED PECANS, GOAT CHEESE, HERB CROUTON,
HERB BALSAMIC VINAIGRETTE
- CAPRESE 12
FRESH BUFFALO MOZZARELLA, TOMATOES, GRADEN BASIL,
OLIVE OIL, BALSAMIC GLAZE

KIDS' ~ CHOICE OF ~

- SERVED WITH CHIPS & DRINK ... 8
- GRILLED CHEESE
- CHICKEN FINGERS*
- CHEESEBURGER*

SWEET JARS' ~ 8 EACH ~

- BLUE BERRY CHEESECAKE
- CARAMEL APPLE
- TRIPLE CHOCOLATE BROWNIE
- CHOCOLATE BOURBON CHERRY

SALAD TOPPERS

- ADD.....3
- HALF AVOCADO
- CRISPY BRUSSELS
- ADD.....8
- GRILLED CHICKEN*
- BLACKENED TUNA*
- GRILLED SHRIMP*
- ADD.....5
- HUMMUS
- TUNA DIP*

ENTREES

- LOWCOUNTRY BOIL* 26
1/2 LB. GULF SHRIMP, CONECUH SAUSAGE, RED POTATO,
COUNTRY CORN, COCKTAIL SAUCE & DRAWN BUTTER
- MIDDLE LAKE DOUBLE BURGER* 17
TWO GRILLED PATTIES, BACON-TOMATO JAM, CHEDDAR, LETTUCE,
BRIOCHE BUN, HOUSE CHIPS
- ROASTED HALF CHICKEN 24
LEMON ROASTED HALF CHICKEN, HERBED BASMATI RICE,
FOREST MUSHROOMS, ARUGULA, CHIMICHURRI SAUCE
- CONECUH RED BEANS & RICE 19
GRILLED CONECUH SAUSAGE, SOUTHERN STYLE RED BEANS,
HERBED WHITE RICE
- PORTOBELLO BURGER 16
BALSAMIC MARINATED GRILLED PORTABELLO MUSHROOM,
BUFFALO MOZZARELLA, ROASTED TOMATOES, ARUGULA, BRIOCHE BUN,
HOUSE CHIPS
- BLACKENED TUNA TACOS 18
BLACKENED TUNA, CORN, CILANTRO, BLACK BEANS, AVOCADO,
CHILI LIME CREMA, MASA TORTILLA, LIME
- BBQ BRISKET TACOS 17
SMOKED BRISKET, PICKLED RED ONION, CILANTRO, SWEET BBQ CREMA,
MASA TORTILLA, LIME

SPECIAL MENU REQUEST:
SPLIT PLATE CHARGE ... 2