

BREAKFAST

EGG WHITE VEGGIE OMELET* 14

SPINACH, TOMATO, CHEDDAR CHEESE, HALF AVOCADO, FRESH CUT FRUIT

MUSCLE SHOALS OMELET* 14

THREE FARM FRESH EGGS, SHAVED HAM, SMOKED GOUDA PIMENTO CHEESE, HASHBROWNS OR GRITS

SAWGRASS SAUSAGE OMELET* 14

Three Farm Fresh Eggs, Onions, Peppers, Sausage, Cheddar Cheese, Hashbrowns or Grits

THE ALL AMERICAN* 14

THREE EGGS, BACON OR SAUSAGE, HASHBROWNS OR GRITS, TOAST

ARMADILLO TRAIL BISCUIT 'N' GRAVY* 12

TWO SCRAMBLED FARM FRESH EGGS, BISCUITS, SAUSAGE GRAVY, CHEDDAR CHEESE, HASHBROWNS OR GRITS

BEACH MOUSE TRAIL BREAKFAST SANDWICH* 11

FRIED EGGS, SHAVED HAM, GRILLED TOMATO, CHEDDAR CHEESE, HASHBROWNS OR GRITS

COTTON BAYOU CROISSANT* 12

FRIED EGGS, BACON, CHEDDAR CHEESE, HASHBROWNS OR GRITS

AVOCADO & TOAST* 14

TWO EGGS, SMASHED AVOCADO, ROASTED TOMATO, LOCAL FIELD GREENS, SHAVED RADISH, FARMERS CHEESE

CATMAN HOTCAKES 13

SAUSAGE OR BACON, FRESH CUT FRUIT, WARM MAPLE SYRUP

LAKE SHELBY FRENCH TOAST 15

SAUSAGE OR BACON, FRESH CUT FRUIT, WARM MAPLE SYRUP

EAGLE LOOP ENGLISH MUFFIN SANDWICH 12

FRIED EGGS, CONECUH SAUSAGE, SMOKED GOUDA PIMENTO CHEESE, LOCAL SEASONAL JAM, HASBROWNS OR GRITS



SIDES & ADDITIONS

~ Choice of ~

4

Fresh Cut Fruit

Half Avocado

Bacon

Sausage

Cheese Grits

Hashbrowns

Toast

Two Eggs*

Two Biscuits

Two Hotcakes

KID'S BREAKFAST

PANCAKES 7

MAPLE SYRUP, BACON OR SAUSAGE

SCRAMBLED EGGS* 6

HASHBROWNS OR GRITS

French Toast 8

SAUSAGE OR BACON, WARM MAPLE SYRUP

STARTERS

BRUSSELS SPROUTS 8

FLASH FRIED, HORSE RADISH CREAM

MAC & CHEESE 8

CAVATAPPI, CLASSIC CHEESE SAUCE, TOASTED BREAD TOPPING

*ADD SHRIMP, CHICKEN, OR BRISKET 8

CHICKEN WINGS 13

SWEET CHILI SMOKED BUFFALO SAUCE

DIP TRIO* 14

SWEET ONION, SMOKED TUNA DIP, RED PEPPER HUMMUS,
TOASTED PITA & CHIPS

RATTLESNAKE RIDGE SALAD 13

ARUGULA, QUINOA, CORN, CILANTRO, BLACK BEAN, COJITA,
AVOCADO, CHILI LIME VINAIGRETTE, MASA CHIPS

ECO SALAD 12

FIELD GREENS, GOLDEN RAISINS, SHAVED BEETS, RADISH,
TOASTED ALMONDS, BALSAMIC VINAIGRETTE

GREEK SALAD 13

ROMAINE HEARTS, ARTICHOKE, ROASTED RED PEPPERS, TOMATOES,
OLIVES, FETA CHEESE, RED WINE VINAIGRETTE

CAPRESE 12

FRESH BUFFALO MOZZARELLA, TOMATOES, GARDEN BASIL,
OLIVE OIL, BALSAMIC GLAZE

Tops

ADD ... HALF AVOCADO OR CRISPY BRUSSELS 3

ADD ... HUMMUS OR TUNA DIP* 5

ADD ... GRILLED CHICKEN*, GRILLED SHRIMP*, SALMON 8

Kids'

SERVED WITH

CHIPS

&

DRINK ... 8

~ CHOICE OF ~

GRILLED CHEESE

CHICKEN FINGERS*

CHEESEBURGER*

MAC & CHEESE

SWEET JARS'

BLUE BERRY CHEESECAKE

CARAMEL APPLE

TRIPLE CHOCOLATE BROWNIE

CHOCOLATE BOURBON CHERRY

8 EACH

HANDHELDS

PULLED PORK SANDWICH 17

SMOKED PULLED PORK, SWEET BBQ SAUCE, SLICED WHITE ONION,
HOUSE MADE PICKLES, BRIOCHE BUN, HOUSE CHIPS

MIDDLE LAKE DOUBLE BURGER* 17

TWO MASHED PATTIES, BACON-TOMATO JAM, CHEDDAR, LETTUCE,
BRIOCHE BUN, HOUSE CHIPS

CHICKEN SANDWICH* 14

GRILLED CHICKEN, B&B PICKLES, ROASTED TOMATO,
MAYONNAISE, BRIOCHE BUN, HOUSE CHIPS

FRIED CHICKEN* 14

FRIED CHICKEN, ALABAMA WHITE BBQ SAUCE, HOUSE MADE PICKLES,
SLICED WHITE ONION, BRIOCHE BUN, HOUSE CHIPS

CLASSIC CLUB 14

TURKEY, HAM, BACON, AMERICAN CHEESE, LETTUCE, TOMATO,
LOCAL HONEY MUSTARD, WHEAT BREAD, HOUSE CHIPS

MUSHROOM PEPPER JACK BURGER 16

BALSAMIC MARINATED GRILLED PORTOBELLO MUSHROOM,
PEPPER JACK CHEESE, LETTUCE, TOMATO, BRIOCHE BUN, HOUSE CHIPS

MELTS

SMOKED CHICKEN PESTO 17

HOUSE SMOKED CHICKEN, PESTO MAYONNAISE, RED ONION,
TOMATO, MOZZARELLA CHEESE, CIABATTA BREAD

HAM & SWISS* 17

SLICED HAM, SWISS CHEESE, CARAMELIZED ONIONS,
GARLIC MAYONNAISE, CIABATTA BREAD

SMOKED TUNA* 14

OPEN FACED TUNA MELT, SLICED CHEDDAR, ICEBERG LETTUCE,
TOMATO, WHEAT BERRY BREAD

CONECUH SAUSAGE 16

CONECUH SAUSAGE, BACON JAM, PEPPER JACK CHEESE,
ONIONS, PEPPERS, CIABATTA BREAD

SIDES

BRUSSELS SPROUTS 6

RED BEANS & RICE 6

RED POTATOES 6

MAC & CHEESE 6

STARTERS

BRUSSELS SPROUTS 8

FLASH FRIED, HORSERADISH CREAM

MAC & CHEESE 8

CAVATAPPI, CLASSIC CHEESE SAUCE, TOASTED BREAD TOPPING

*ADD SHRIMP, CHICKEN, OR BRISKET..... 8

CHICKEN WINGS 13

SWEET CHILI SMOKED BUFFALO SAUCE

DIP TRIO* 14

SWEET ONION, SMOKED TUNA DIP, RED PEPPER HUMMUS,

TOASTED PITA & CHIPS

RATTLESNAKE RIDGE SALAD 13

ARUGULA, QUINOA, CORN, CILANTRO, BLACK BEAN, COJITA,

AVOCADO, CHILI LIME VINAIGRETTE, MASA CHIPS

ECO SALAD 12

FIELD GREENS, GOLDEN RAISINS, SHAVED BEETS, RADISH,

TOASTED ALMONDS, BALSAMIC VINAIGRETTE

GREEK SALAD 13

ROMAINE HEARTS, ARTICHOKE, ROASTED RED PEPPERS, TOMATOES,

OLIVES, FETA CHEESE, RED WINE VINAIGRETTE

CAPRESE 12

FRESH BUFFALO MOZZARELLA, TOMATOES, GARDEN BASIL,

OLIVE OIL, BALSAMIC GLAZE

TOPS

ADD ... HALF AVOCADO OR CRISPY BRUSSELS 3

ADD ... HUMMUS OR TUNA DIP* 5

ADD ... GRILLED CHICKEN*, GRILLED SHRIMP*, SALMON 8

ENTREES

LOWCOUNTRY BOIL* 26

1/2 LB. GULF SHRIMP, CONECUH SAUSAGE, RED POTATO,

COUNTRY CORN, COCKTAIL SAUCE & DRAWN BUTTER

MIDDLE LAKE DOUBLE BURGER*.17

TWO GRILLED PATTIES, BACON-TOMATO JAM, CHEDDAR, LETTUCE,

BRIOCHE BUN, HOUSE CHIPS

ROASTED HALF CHICKEN 24

LEMON ROASTED HALF CHICKEN, ROASTED RED POTATOES, SEASONAL VEGETABLES,

CHIMICHURRI SAUCE

CONECUH RED BEANS & RICE 19

GRILLED CONECUH SAUSAGE, SOUTHERN STYLE RED BEANS,

HERBED WHITE RICE

BLACKENED TUNA TACOS 18

BLACKENED TUNA, CORN, CILANTRO, BLACK BEANS, AVOCADO,

CHILI LIME CREMA, MASA TORTILLA, LIME

BBQ BRISKET TACOS 17

SMOKED BRISKET, FRIED ONIONS, HOUSE RELISH, CILANTRO, SWEET BBQ CREMA,

MASA TORTILLA, LIME

SALMON FILLET* 22

SMOKED SALMON, FOREST MUSHROOMS, HERBED WHITE RICE,

CHIMICHURRI SAUCE

KIDS'

~ CHOICE OF ~

GRILLED CHEESE

CHICKEN FINGERS*

CHEESEBURGER*

MAC & CHEESE

SERVED WITH

CHIPS

&

DRINK ... 8

SIDES

BRUSSELS SPROUTS 6

RED BEANS & RICE 6

RED POTATOES 6

MAC & CHEESE 6

SWEET JARS'

BLUE BERRY CHEESECAKE

CARAMEL APPLE

TRIPLE CHOCOLATE BROWNIE

CHOCOLATE BOURBON CHERRY

8 EACH

If you have any concerns regarding food allergies, please alert your server prior to ordering. *This item may contain raw or undercooked meats, poultry, shellfish or eggs. Consuming raw or undercooked meats, poultry, shellfish or eggs may increase or risk foodborne illnesses.